



November 2010

Refer a Patient

[Arizona Referrals](#)
866-629-6362 (toll-free)

[Florida Referrals](#)
800-634-1417 (toll-free)

[Minnesota Referrals](#)
800-533-1564 (toll-free)

[Online Referrals](#)

Grand Rounds Online

See videos of select Mayo Clinic Grand Rounds presentations.

Physician Update Video Blog

[View videos and abstracts](#)

Clinical Trials

[Clinical Trials](#) Open to Patient Recruitment

Continuous Medical Education

[Mayo School of Continuous Professional Development](#)

Comments?

We're interested in your [feedback](#) about this newsletter.

Pass It On

Invite a friend to [subscribe](#) by forwarding this newsletter.

Patient Care

Polyp detection during colonoscopy not always influenced by timing

A study of 4665 colonoscopies performed at Mayo Clinic shows that when the procedures are performed in half-day blocks by different physicians, there is no difference in the adenoma detection rate from morning to afternoon. [Read more.](#)

Physiatrists uniquely qualified to address obesity-related physical, mental and social costs

Mayo physiatrists provide accurate, research-based exercise prescriptions for healthy individuals, those with obesity-related joint complications, and inactive individuals without impairments who need to begin an activity program to optimize cardiovascular and musculoskeletal fitness. [Read more.](#)

Khat chewing may increase risk of stroke and death

A Mayo research study found that patients from Africa and Yemeni who habitually chew khat for its euphoric and stimulating effects and presented with acute coronary syndrome had higher rates of death, cardiogenic stroke, and stroke complications. [Read more.](#)

Research

E-cadherin may act as an oncogene in some cancers

Researchers report that the protein epithelial cadherin (E-cadherin), a tumor suppressor and potential cancer-drug target, appears to act as an oncogene in some lethal brain tumors. The findings may explain puzzling observations about E-cadherin expression in breast cancer. [Read more.](#)

Fluticasone clears condition but not symptoms of throat disease

Researchers conducting the first controlled trial of swallowed fluticasone propionate nasal spray (Flonase) on patients with eosinophilic esophagitis found that although the allergy drug helped treat the cause of the throat condition, the symptoms lingered. [Read more.](#)

Mortality rates from liver diseases underestimated

Using a modified definition that includes diseases such as viral hepatitis, liver cancer, and obesity-related fatty liver disease, Mayo-led researchers found that liver-related mortality ranks as high as the fourth most common cause of death for some age groups. [Read more.](#)

Grand Rounds

New [Grand Rounds presentations](#) are available online.

[Doctor, It Must Be Celiac Disease](#)

Clinical Challenges in Diagnosis and Treatment

[Microbes and Obesity](#)

A Look at the World Within

Education

Selected Topics in Internal Medicine

January 24-28, 2011

Postgraduate programming summarizes new clinical studies and guidelines that impact practice in general internal medicine, gastroenterology, infectious diseases, oncology and women's health. Management strategies for pulmonary nodules based on radiographic features, kidney stones, common dermatologic problems and issues encountered by post-gastric bypass patients are included.

Location: Koloa, Kauai, Hawaii

Contact: 800-323-2688 (toll-free) or [email](#)

[View brochure](#)

[Register now](#)

Arrhythmias & the Heart

January 31-February 3, 2011

Explore approaches to the diagnosis, management and prevention of common rhythm disorders, including minisymposiums on atrial fibrillation and ventricular arrhythmias. One day is devoted to the diagnosis and treatment of patients with congestive heart failure and associated arrhythmias.

Location: Kohala Coast, Island of Hawaii

Contact: 800-323-2688 (toll-free) or [email](#)

[View brochure](#)

[Register now](#)

Pain Medicine: A State-of-the-Art Course in Pain Management for the Non-Pain Specialist

February 28-March 4, 2011

This course addresses the integration of pain services across disciplines to improve pain control in acute, chronic and cancer pain populations. Updates on critical issues in the management of chronic, non-cancer, and cancer pain are included.

Location: Koloa, Kauai, Hawaii

Contact: 800-323-2688 (toll-free) or [email](#)

[Register now](#)

Multiple Sclerosis 2011: Update and Practical Management Strategies

March 5-6, 2011

Practical management strategies, evidence-based clinical guidance, and explanations of the latest research advances help physicians optimally care for patients with multiple sclerosis.

Location: Scottsdale, Arizona

Contact: 480-301-4580 or [email](#)

[See all Continuous Professional Development courses](#)

New Staff

[William W. Cross, M.D.](#)

Orthopedic Surgery in Minnesota

[Debra A. Zillmer, M.D.](#)

Orthopedic Surgery in Minnesota

[Sanjeev Kakar, M.D.](#)

Orthopedic Surgery in Minnesota

www.mayoclinic.org

[Newsletter Archive](#) | [Contact Mayo Clinic](#) | [For Medical Professionals](#)

[Subscribe](#)

© 2010 Mayo Clinic. All rights reserved. [Terms of Use](#).

13400 East Shea Blvd
Scottsdale, AZ 85259

Mayo Clinic
4500 San Pablo Road
Jacksonville, FL 32224

200 First St. SW
Rochester, MN 55905