



March 2008

### Regional News

- [Mayo Clinic in Arizona](#)
- [Mayo Clinic in Florida](#)
- [Mayo Clinic in Minnesota](#)

### Clinical Trials

[Clinical Trials Open to Patient Recruitment](#)

### Referring a Patient

#### Arizona Referrals

(866) 629-6362

#### Florida Referrals

(800) 634-1417

#### Minnesota Referrals

(800) 533-1564

See [Medical Professionals page](#) for more physician resources.

### Comments?

We're interested in your [feedback](#).

### Pass It On

Invite a colleague to [subscribe](#) by forwarding this newsletter.

Welcome to the first issue of Physician Update e-mail newsletter. This newsletter will offer access to articles from the Clinical Update print publication, plus other items of general interest to a physician audience.

## Patient Care

### Inpatient Video-EEG Monitoring for Epilepsy

[Continuous video-EEG monitoring](#) (inpatient) helps localize seizure focus, determine seizure type, and quantify the number of seizures in patients with intractable recurrent seizures and those with an unconfirmed seizure diagnosis.

### Optimizing the Functional Performance of Cancer Survivors

There is a growing understanding of the importance of [exercise and rehabilitation for cancer survivors](#). Physical Medicine specialists can help patients manage the negative long-term sequelae of cancer and its treatments and obtain a more satisfying, high-quality recovery.

### New Endoscopic Treatment for Severe Gastrointestinal Bleeding

[Endoscopic ultrasound-guided therapy](#) appears to be a safe and effective treatment for patients with severe gastrointestinal bleeding for whom conventional therapies have failed. The therapy involves injecting various agents directly into the source to stop the bleeding.

### Less Can Be More When Treating Some Kidney Cancers

A Mayo Clinic study suggests that [removing the entire kidney](#) from younger patients with small kidney tumors may lead to decreased overall survival compared with an operation that removes the tumor but leaves the kidney intact.

## Research

### Protecting Kidney Cells from Injury

In 1992, Dr. Karl Nath's research team discovered [the capacity of heme oxygenase](#)

(HO) to protect the body's tissues from injury. Since then it has attracted giants in the field of tissue injury and the number of HO-related studies has exploded.

### **Antibodies to Repair Nerve Damage**

Mayo researcher Moses Rodriquez, M.D., discovered a type of antibody in mice that [repairs the lesions caused by damaged myelin](#).

### **Mayo Clinic Study Finds Further Association between Diabetes and Pancreatic Cancer**

A Mayo Clinic study found an [association between diabetes and pancreatic cancer](#). It found that 40 percent of pancreatic cancer patients are diagnosed with diabetes prior to their pancreatic cancer diagnosis. The onset of diabetes appears to be many months (in some cases up to two years) prior to cancer diagnosis.

## **Education**

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### **Clinical Reviews 2008**

March 26 -29, 2008

Clinical Reviews 2008: A Primary Care and Internal Medicine Update is a four-day course designed for primary care providers. Topics include medical updates and management strategies on various diseases.

Location: FireSky Resort & Spa, Scottsdale, Ariz.

Contact: (480) 301-4580

[Online registration](#) (scroll to course)

[Brochure](#)

### **2008 Update in Hepatology and Gastroenterology**

April 24 -26, 2008

These courses are designed for physicians seeking the latest in practical knowledge and cutting-edge innovations to help you care for your patients. An emphasis will be placed on new treatments, novel endoscopic opportunities, and recent breakthroughs.

Location: The Westin Chicago River North, Chicago, Ill.

Contact: (800) 323-2688

[Online registration](#) (scroll to course)

[Brochure](#)

## Valvular Heart Disease: New Strategies

May 5 - 7, 2008

This course provides a comprehensive, state-of-the-art, panorama of the new pathophysiologic insights, diagnostic methods, surgical and medical therapeutic approaches for valvular heart diseases and new strategies available.

Location: Las Vegas

Contact: (507) 266-0677

[Brochure](#)

[See all Continuing Medical Education courses](#)

## Other News

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### Mayo Clinic Health Policy Center Pushes Health Care Reform

Mayo Clinic believes America's health care system urgently needs reform to ensure the future of quality patient care. The Mayo Clinic Health Policy Center has convened more than 400 national leaders to help develop a new consensus-driven vision for health care in America. They have developed [some principles for health care reform](#). These principles will be further refined at the upcoming [2nd National Symposium on Health Care Reform](#) on March 9-11 in Leesburg, Va.

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