

Mayo Clinic Medical Edge

Nose Job for Snoring

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
Brad Hoag, Patient	"AS LONG AS I CAN REMEMBER I'VE BEEN A BAD SNORER."
	EVEN WHILE AWAKE BRAD HOAG COULD BARELY BREATHE THROUGH HIS NOSE. BUT THE WORST PART WAS THE NIGHTTIME MOUTH BREATHING THAT CAUSED LOUD SNORING AND SLEEP APNEA. FINALLY BRAD WENT TO MAYO CLINIC WHERE DR. OREN FRIEDMAN PERFORMED A SPECIAL TYPE OF NOSE JOB.
Oren Friedman, M.D.	"WE FIND THAT A PROCEDURE TO HELP IMPROVE THE NASAL BREATHING DURING THE DAY AND

	NIGHT WILL HELP THE PATIENT LIMIT THE AMOUNT OF SNORING THEY HAVE AND POSSIBLY IMPROVE THEIR SLEEP APNEA.”
	BRAD HAD TROUBLE BREATHING FOR A COUPLE OF REASONS. HE HAD A DEVIATED SEPTUM AND HIS NASAL VALVES CAUSED BOTH SIDES OF HIS NOSE TO COLLAPSE. SURGERY CORRECTED BOTH PROBLEMS. NOW, FOR THE FIRST TIME IN BRAD’S LIFE HE CAN...
Brad Hoag	“BREATHE THROUGH MY NOSE. IT FEELS SO GOOD.”
	BREATHING EASIER WITH LESS SNORING AND NO SLEEP APNEA.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.