

Mayo Clinic Medical Edge
Laparoscopic Banding for Weight loss

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WHEN IT COMES TO WEIGHT LOSS SURGERY, THERE ARE TWO BASIC APPROACHES. ONE IS TO LIMIT THE AMOUNT OF CALORIES THAT THE BODY ACTUALLY ABSORBS. THE OTHER IS...
Michael Sarr, M.D.	"SOLELY TO DECREASE THE AMOUNT THAT CAN BE EATEN AT ANY ONE SITTING."
	MAYO CLINIC DR. MICHAEL SARR SAYS STOMACH STAPLING USED TO BE A WAY TO DO THAT. NOW, IT'S GASTRIC BANDING. THAT'S WHERE A SILICON BAND IS PLACED AROUND THE STOMACH AND

	TIGHTENED LIKE A BELT.
Dr. Sarr	“IT SQUEEZES THE STOMACH FROM THE OUTSIDE SUCH THAT IT FUNCTIONALLY SEPARATES THE STOMACH INTO A VERY, VERY SMALL UPPER PART, AGAIN LESS THAN AN OUNCE. IT COMMUNICATES TO THE REST OF THE STOMACH THROUGH THAT CHANNEL THAT HAS BEEN SQUEEZED DOWN BY THE BALLOON.”
	GASTRIC BANDING, LIKE ALL BARIATRIC SURGERY, IS JUST ONE PART OF THE PUZZLE. COMMITTING TO A HEALTHY CHANGE IN DIET AND EXERCISE IS VITAL TO YOUR WEIGHT LOSS SUCCESS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.
