

Mayo Clinic Medical Edge

Whiteners

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	YOU'VE PROBABLY SEEN THE ADS FOR THOSE TOOTH WHITENERS... AND LETS FACE IT, WHO DOESN'T WANT A NICE BRIGHT SMILE. BUT WITH ALL THE PRODUCTS OUT THERE, WHERE DO YOU START? MAYO CLINIC DENTIST DR. PHILLIP SHERIDAN OFTEN RECOMMENDS TRYING THE OVER-THE-COUNTER PRODUCTS FIRST. WHY?
Phillip Sheridan, D.D.S. Track 3 (1:02)	"IT'S EASY TO DO, RELATIVELY INEXPENSIVE AND IT ACTUALLY MAY BE EFFECTIVE FOR THE PATIENT."
	IF THAT DOESN'T WORK TO YOUR

	<p>SATISFACTION, YOUR DENTIST PROBABLY HAS PRODUCTS THAT ARE STRONGER OR HAVE A MORE CONCENTRATED BLEACH. A THIRD OPTION - HAVING THEM PAINT THE BLEACH ON, GIVES A MORE IMMEDIATE RESULT. ONE DRAWBACK IS THAT THE TREATMENTS AREN'T PERMANENT.</p>
<p>Dr. Sheridan Track 3 (3:17)</p>	<p>"IT'S LIKE WAXING THE CAR, IT LASTS FOR AWHILE. A LOT OF IT DEPENDS ON WHAT YOU DRINK AND WHAT YOU EAT."</p>
	<p>ANOTHER IS THAT CHEMICAL IN THE WHITENERS CAN CAUSE SENSITIVITY IN THE TEETH AND MAY IRRITATE YOUR GUMS OR OTHER TISSUE IN YOUR MOUTH.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
