

Mayo Clinic Medical Edge

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**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	HAVE YOU EVER HEARD OF ELECTRO-CONVULSIVE THERAPY OR E-C-T? HOW ABOUT SHOCK THERAPY? IT'S THE SAME PROCEDURE, BUT VERY DIFFERENT PERCEPTIONS.
<b>Shirlene Sampson, M.D.</b> <b>Track 1 (2:00)</b>	"IT'S NOT ANYTHING LIKE WHAT'S PORTRAYED IN MOVIES OR ANYTHING LIKE THAT. UNFORTUNATELY THERE'S BEEN THIS TERRIBLE STIGMA FOR E-C-T,
	IN FACT, FOR TREATING PATIENTS WITH SEVERE DEPRESSION, MAYO CLINIC DR. SHIRLENE SAMPSON SAYS NOTHING WORKS BETTER

	<p>OR FASTER. PATIENTS ARE PUT TO SLEEP, AND DRUGS ARE USED TO TEMPORARILY PARALYZE THE MUSCLES. THEN ELECTRICAL CURRENT IS USED TO STIMULATE THE BRAIN AND CAUSE A SEIZURE.</p>
<p><b>Dr. Sampson</b> <b>Track 1 (3:30)</b></p>	<p>“IT DOES SOME-HOW RESET THIS SYSTEM SO THAT PATIENTS IMPROVE IN THEIR MOOD AND ALL THE PHYSICAL SIGNS THAT GO WITH DEPRESSION.”</p>
	<p>E-C-T IS NOT WITHOUT RISK. THERE CAN BE SHORT AND LONG-TERM MEMORY LOSS. SO THE BENEFITS HAVE TO BE WEIGHED AGAINST THOSE RISKS</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>

