

Mayo Clinic's Medical Edge

Otitis Media

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	THE PAIN AND DISCOMFORT OF OTITIS MEDIA – A MIDDLE EAR INFECTION – IS ONE OF THE MOST COMMON REASONS PARENTS BRING THEIR CHILDREN TO THE DOCTOR.
Jess Dhaliwal, M.D. Track 2 (:10)	"UP TO 80 TO 90-PERCENT OF KIDS WILL HAVE AT LEAST ONE EPISODE OF OTITIS MEDIA BY THE TIME THEY'RE THREE YEARS OLD,"
	WHILE NOT THE ONLY CAUSE, MAYO CLINIC DR. JESS DHALIWAL SAYS UPPER RESPIRATORY AILMENTS, LIKE A COLD, CAN IRRITATE THE MIDDLE EAR,

	<p>CAUSING FLUID TO BUILD UP. THAT FLUID IS A PERFECT BREEDING GROUND FOR BACTERIA AND INFECTION. THE ONLY WAY TO KNOW FOR SURE IF AN EAR IS INFECTED IS TO HAVE A DOCTOR CHECK IT. BUT THERE ARE SOME CLUES THAT CAN TIP YOU OFF.</p>
<p>Dr. Dhaliwal Track 2 (9:30)</p>	<p>“IN YOUNG CHILDREN, INFANTS, IT MAY BE IRRITABILITY, FUSSINESS. IN OLDER CHILDREN THEY MAY TUG ON THEIR EAR.”</p>
	<p>OFTEN, AN EAR INFECTION WILL RESOLVE ON ITS OWN. OTHERS MAY NEED TREATMENT WITH ANTIBIOTICS. THANKFULLY, KIDS USUALLY OUT-GROW EAR INFECTIONS BETWEEN THE AGES OF FIVE AND TEN.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN</p>

	WILLIAMS.