

Mayo Clinic Medical Edge
Pain Control after Thoracic Surgery

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	SOMETIMES, PAIN IS A GOOD THING. IT CAN LET YOU KNOW THAT SOMETHING'S WRONG. BUT PAIN AFTER SURGERY CAN BE A BIG BUMP ON THE ROAD TO RECOVERY. TAKE THORACIC SURGERY OR CHEST SURGERY.
Mark Allen, M.D. Track 3 (:25)	"WE HAVE TO GO THROUGH THE RIB CAGE. IF YOU'VE EVER HAD A BROKEN RIB, IT HURTS. IT'S HURTS EVERYTIME YOU BREATHE."
	LIMITING THAT PAIN IS A GOAL FOR DR. MARK ALLEN AND HIS COLLEAGUES AT MAYO CLINIC.

	<p>LESS INVASIVE SURGICAL TECHNIQUES AND NEW WAYS OF DELIVERING PAIN MEDICATIONS BEFORE, DURING AND AFTER SURGERY ARE SOME OF THE CONVENTIONAL WAYS THEY'RE DOING THAT. BUT ALTERNATIVE APPROACHES, THINGS LIKE ACUPUNCTURE, MUSIC THERAPY AND OTHER RELAXATION TECHINQUES ARE ALSO BEING TRIED.</p>
<p>Dr. Allen Track 3 (3:10)</p>	<p>"IT'S HELPS THEM CALM DOWN AND THE PAIN'S BETTER."</p>
	<p>THAT HELPS GET PATIENTS BACK ON THEIR FEET, AND BACK TO LIVING LIFE TO THEIR FULLEST.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>

--	--