

Mayo Clinic's Medical Edge

Risks of Acupuncture

1:00

Log

Audio

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| Intro with music | GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE. |
| | WITH ALL THE STORIES IN THE NEWS ABOUT DIFFERENT PAIN KILLERS INCREASING YOUR RISK FOR HEART ATTACK AND STROKE, IT MAKES YOU WONDER IF THERE'S SOMETHING SAFER? |
| Peter Dorsher, M.D. Track 1 (5:24) | "ACUPUNCTURE'S EXTREMELY SAFE, AND PEOPLE ARE LOOKNG FOR MORE NON-PHARMACOLOGIC WAYS TO TREAT CHRONIC CONDITIONS, NOT ONLY DUE TO IT BEING SAFER, BUT ALSO WITH THE EXPENSE OF DRUGS AS WELL." |
| | WHILE ACCUPUNCTURE IS USED TO TREAT MANY CONDITIONS, |

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| | <p>MAYO CLINIC DR. PETER DOSHER SAYS PAIN RELIEF IS WHAT BRINGS MOST PEOPLE TO TRY ACUPUNCTURE. AND ALMOST EVERYBODY CAN AT LEAST GIVE IT A TRY.</p> |
| <p>Dr. Dorsher Track 3 (4:21)</p> | <p>“EVEN PEOPLE ON BLOOD THINNERS CAN BE NEEDLED SAFELY BECAUSE THE NEEDLES, FOR ONE THING, ARE MUCH FINER. THE ONES I TYPICALLY USE, YOU CAN FIT ABOUT 35 OF THEM IN A STANDARD BLOOD DRAWING NEEDLE.”</p> |
| | <p>DR. DORSHER SAYS THERE ARE RISKS OF INFECTION OR INSERTING A NEEDLE TOO FAR. BUT IN THE HANDS OF AN EXPERIENCED, LICENSED PROFESSIONAL, THOSE RISKS ARE VERY SMALL.</p> |
| | <p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT</p> |

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| | MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS. |
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