

Mayo Clinic Medical Edge

Fluoride

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WHEN IT COMES TO FIGHTING CAVITIES, FLUORIDE IS A FRONT LINE DEFENSE. IT'S IN MOST TOOTHPASTE AND ALSO IN MOST MUNICIPAL WATER SUPPLIES. BUT...
Phillip Sheridan, D.D.S. Track 4 (1:45)	"SOME PEOPLE ARE DRINKING MORE BOTTLED WATER THAN MUNICIPAL WATER, SO THEIR EXPOSURE TO FLUORIDE IS SIGNIFICANTLY DECREASED."
	WHY? DR. PHILLIP SHERIDAN A DENTIST AT MAYO CLINIC SAYS MOST BOTTLED WATERS DON'T CONTAIN FLUORIDE, NEITHER DO

	PRIVATE WELLS.
Dr. Sheridan Track 4 (2:00)	“IF PEOPLE HAVE CAVITIES IN THEIR TEETH IN SPITE OF THE FACT THAT THEY’RE USING FLUORIDE TOOTHPASTE, THE DENTIST MAY SUGGEST THAT YOU USE THE FLUORIDE RINSES THAT ARE AVAILABLE OVER-THE-COUNTER.”
	BECAUSE SALIVA ALSO PLAYS A KEY ROLE BOTH IN BUFFERING OUR TEETH FROM DECAY AND REMINERALIZATION OF THE TEETH, DR. SHERIDAN SAYS PEOPLE WITH DRY MOUTHS MAY ALSO NEED TO CONSIDER ADDITIONAL FLUORIDE PROTECTION.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.
