

Mayo Clinic Medical Edge

Misconceptions of Weight Loss Surgery

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	IF YOU'VE EVER TRIED TO DROP A FEW POUNDS, YOU KNOW HOW TOUGH IT CAN BE. NOW IMAGINE TRYING TO LOSE 40, 50, 100 POUNDS OR MORE. FOR SEVERELY OVERWEIGHT INDIVIDUALS, SURGERY MAY BE AN OPTION. BUT MANY PROSPECTIVE PATIENTS COME WITH...
Michael Sarr, M.D.	"THE MISCONCEPTION THAT THIS IS QUOTE, THE ANSWER. IT ISN'T THE ANSWER."
	DR. MICHAEL SARR IS A BARIATRIC OR WEIGHT LOSS SURGEON AT MAYO CLINIC, WHERE SURGERY IS

	<p>JUST ONE PART OF A MULTIDISCIPLINARY APPROACH TO WEIGHT LOSS. PATIENTS ARE COUNSELED AND EDUCATED ON DIET, EXERCISE AND NUTRITION.</p>
<p>Dr. Sarr</p>	<p>“THE SECOND MISCONCEPTION IS THAT THEY’RE GOING TO TURN INTO A SKINNY-MINNIE.”</p>
	<p>DR. SARR SAYS THE GOAL IS NOT TO LOSE ALL THEIR EXCESS WEIGHT, BUT HALF OF IT. SURGERY IS NOT FOR EVERYONE AND IT DOES CARRY SOME RISK. IT ALSO TAKES A STRONG COMMITMENT TO LIFESTYLE CHANGES.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

