

Medical Edge Radio from Mayo Clinic

Dislocations

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
	HOW OFTEN HAVE YOU SEEN THIS AT A GAME OR ON T.V? A PLAYER COMES OFF THE FIELD WITH A FINGER DANGLING AWKWARDLY. A TRAINER OR DOCTOR PULLS THE FINGER BACK INTO PLACE, AND THE PLAYER RETURNS TO THE GAME. DISLOCATIONS ARE A COMMON SPORTS INJURY.
Michael Stuart, M.D.	"THE KNEE, THE FINGER, WHATEVER THE JOINT YOU'RE TALKING ABOUT IS LITERALLY OUT OF PLACE."
	DR. MICHAEL STUART IS CO-

	DIRECTOR OF THE SPORTS MEDICINE CENTER AT MAYO CLINIC. HE SAYS A FINGER MIGHT EASILY BE PUT BACK INTO PLACE AND SPLINTED...
Dr. Stuart	“ON THE OTHER HAND, IF YOU DISLOCATE YOUR KNEE JOINT THAT COULD HAVE VERY SERIOUS CONSEQUENCES IF YOU INJURE A NERVE OR ARTERY IN THE PROCESS. AND THAT’S A REAL ORTHOPEDIC EMERGENCY.”
	AS COMMON AS THEY SEEM, DON’T TAKE DISLOCATIONS LIGHTLY. WITHOUT PROPER TREATMENT YOU COULD HAVE A LIFETIME OF PROBLEMS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.

--	--