

Mayo Clinic Medical Edge

Wounds & P-A-D

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	IF YOU SCRAPE YOUR ANKLE, STUB YOUR TOE OR CUT YOUR FOOT, IT'S NO BIG DEAL, RIGHT?
Karen Andrews, M.D. Track 2 (:20)	"MOST WOUNDS SHOULD HEAL IN FOUR TO SIX WEEKS."
	BUT IF YOU HAVE A CONDITION CALLED PERIPHERAL ARTERIAL DISEASE OR P-A-D, MAYO CLINIC DR. KAREN ANDREWS SAYS THOSE SIMPLE CUTS, BUMPS AND BRUISES COULD BECOME MAJOR PROBLEMS. P-A-D IS WHEN THE ARTERIES IN YOUR LIMBS – USUALLY YOUR LEGS - BECOME NARROWED OR CLOGGED,

	SQUEEZING OFF BLOOD SUPPLY.
Dr. Andrews Track 2 (1:32)	“A WOUND IS GOING TO RAISE THE METABOLIC NEED. IT TAKES MORE BLOOD SUPPLY TO HEAL A WOUND THEN TO KEEP THE SKIN INTACT.”
	THE PROBLEM CAN BE COMPOUNDED IF YOU'RE DIABETIC. DIABETES INCREASES YOUR RISK OF DEVELOPING P-A-D. PLUS, IT'S COMMON FOR MANY DIABETICS TO SUFFER NERVE DAMAGE AND LOSE FEELING IN THEIR HANDS AND FEET. MANY TIMES THEY MANY NOT EVEN KNOW THAT THEY HAVE A WOUND THAT NEED ATTENTION.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.

