

Mayo Clinic Medical Edge

What is BPH

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WITH AN AGING POPULATION, BENIGN PROSTATIC HYPERPLASIA OR B-P-H IS A GROWING PROBLEM, LITERALLY AND FIGURATIVELY.
Daniel Elliott, M.D. Track 1 (:45)	"B-P-H IS JUST A GENERIC TERM DESCRIBING AN ENLARGED PROSTATE THAT OCCURS OVER TIME."
	AND SOMETHING MAYO CLINIC DR. DANIEL ELLIOTT SAYS HAPPENS IN VIRTUALLY ALL MEN. PROSTATE GROWTH BEGINS IN THE LATE 30'S AND EARLY 40'S, BUT USUALLY DOESN'T START CAUSING SYMPTOMS UNTIL YOUR 50'S OR

	<p>60'S. SYMPTOMS MAY INCLUDE DRIBBLING URINE AFTER YOU GO, A SLOWING URINE STREAM AND DIFFICULTY EMPTYING YOUR BLADDER.</p>
<p>Dr. Elliott Track 1 (1:57)</p>	<p>“THE MAJORITY OF MEN WILL HAVE SOME SYMPTOMS, BUT ONLY A FEW OF THEM WILL GO ON TO GET SO SEVERE THAT THEY REQUIRE SOME FORM OF TREATMENT.”</p>
	<p>AND THERE ARE A NUMBER OF TREATMENT OPTIONS YOU CAN DISCUSS WITH YOUR DOCTOR. DON'T BE EMBARRASSED. B-P-H IS COMMON, BUT THAT DOESN'T MEAN YOUR LIFE HAS TO REVOLVE AROUND WHERE THE NEXT BATHROOM IS LOCATED.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
