

**Mayo Clinic Medical Edge**

**Weight Loss Surgery**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	OBESITY AND ALL ITS ASSOCIATED HEALTH RISKS IS ON THE RISE. BUT SO IS THE NUMBER OF PEOPLE TURNING TO SURGERY AS AN ANSWER.
<b>Lori Roust, M.D.</b>	"BARIATRIC SURGERY IS A PROCEDURE WHERE WE CHANGE THE ANATOMY OF THE GI TRACT, THE STOMACH AND INTESTINES."
	MAYO CLINIC DR. LORI ROUST SAYS THAT RESTRICTS THE AMOUNT OF FOOD THAT IS ABLE TO BE EATEN. IT ALSO CHANGES NEURAL AND HORMONAL IMPUSLES THAT GO TO THE BRAIN

	TELLING PEOPLE WHEN THEY ARE FULL AND WHEN TO STOP EATING.
<b>Dr. Roust</b>	“OVER THE COURSE OF THE FIRST YEAR AFTER SURGERY, THAT NEURAL AND HORMONAL RESPONSE CHANGES, AND TENDS TO DISSIPATE, THAT RESULTS IN PEOPLE BEING ABLE TO EAT LARGER AMOUNTS OF FOOD AT A GIVEN TIME.”
	THAT’S WHY WEIGHT LOSS SURGERY IS NOT A MAGIC BULLET. IT’S JUST ONE PART OF A WHOLE PROGRAM THAT INCLUDES LIFE-LONG LIFESTYLE CHANGES.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.