

Medical Edge Radio from Mayo Clinic

Cluster Headaches

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
	FOR MOST PEOPLE, HEADACHES ARE AN OCCASIONAL PROBLEM THAT CAN BE TAKEN CARE OF WITH AN ASPRIN OR OTHER PAIN RELIEVER. BUT A SMALL PERCENT OF THE POPULATION SUFFER FROM WHAT ARE CALLED CLUSTER HEADACHES. AND THE PAIN CAN BE SEVERE.
Dr. Jerry Swanson	"THE PAIN HAS BEEN DESCRIBED AS A 'HOT POKER IN MY EYE.' "
	NEUROLOGIST JERRY SWANSON IS A HEADACHE SPECIALIST AT MAYO CLINIC. HE SAYS CLUSTER

	HEADACHES GET THEIR NAME FROM HOW OFTEN THEY OCCUR.
Dr. Swanson	“HEADACHES LIKE THIS WILL RECUR DAILY, OR MULTIPLE TIMES PER DAY, FOR A PERIOD OF SEVERAL WEEKS, AND THEN DISAPPEAR, UNTIL THE NEXT SERIES OF ATTACKS.”
	IT’S NOT KNOWN WHAT CAUSES CLUSTER HEADACHES. BUT THEY’RE PRIMARY HEADACHES, OR HEADACHES THAT AREN’T CAUSED BY A SPECIFIC MEDICAL CONDITION. THE GOOD NEWS IS THAT THERE ARE MEDICATIONS AND OTHER TREATMENTS THAT CAN EASE THE PAIN AND EVEN HELP PREVENT SOME ATTACKS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.
