

Mayo Clinic Medical Edge

*Deviated Septum*

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	OK, HERE'S A TEST. CLOSE YOUR MOUTH AND TAKE A DEEP BREATH THROUGH YOUR NOSE. WAS THAT EASY OR HARD? IF IT WAS HARD, MAYBE YOU HAVE A COLD, ALLERGIES OR A SINUS INFECTION. OR MAYBE, YOU HAVE A DEVIATED SEPTUM.
<b>Jess Dhaliwal, M.D.</b> <b>Track 5 (:35)</b>	"THE SEPTUM IS WHAT SEPARATES OUR NASAL CAVITIES FROM RIGHT TO LEFT. IT PROVIDES THE STRUCTURAL SUPPORT OF THE NOSE."
	WHEN IT'S DEVIATED OR CROOKED, MAYO CLINIC DR. JESS

	<p>DHALIWAL SAYS IT CAN BLOCK THE FLOW OF AIR, MAKING BREATHING THROUGH YOUR NOSE DIFFICULT. IT CAN ALSO MAKE YOU MORE SUSCEPTIBLE TO SINUS INFECTIONS. SEPTOPLASTY IS AN OPERATION TO CORRECT THE PROBLEM.</p>
<p><b>Dr. Dhaliwal</b> <b>Track 5 (2:58)</b></p>	<p>“YOU EITHER PUT THE SEPTUM BACK IN ALIGNMENT OR YOU TAKE OUT THE PARTS OF THE SEPTUM THAT ARE BOWED OUT.”</p>
	<p>DR. DHALIWAL SAYS IT’S VERY IMPORTANT TO HAVE A THOROUGH EXAM BEFOREHAND. THAT’S BECAUSE EVEN IF YOU HAVE A DEVIATED SEPTUM IT MAY NOT BE THE CAUSE OF YOUR OBSTRUCTION.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I’M VIVIEN WILLIAMS.</p>
