

Mayo Clinic Medical Edge

Smoking and COPD

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	LUNG CANCER, STROKE, HEART DISEASE...THE NUMBER OF POSSIBLE CONSEQUENCES DUE TO SMOKING IS LONG. ANOTHER—ONE THAT MANY DON'T THINK ABOUT—IS COPD OR CHRONIC OBSTRUCTIVE PULMONARY DISEASE.
Paul Scanlon, M.D.	"COPD IS THE FOURTH LEADING CAUSE OF DEATH IN THE UNITED STATES."
	IT'S A CONDITION THAT MAYO CLINIC LUNG SPECIALIST DR. PAUL SCANLON SEES TOO MUCH OF.
Dr. Scanlon	"IT'S KIND OF A SNEAKY DISEASE. PEOPLE WHO SMOKE AND PEOPLE

	WHO HAVE BEEN SMOKERS OFTEN HAVE LITTLE OR NO SYMPTOMS, UP TO A CERTAIN POINT, UNTIL THEY'VE LOST A SUBSTANTIAL AMOUNT OF THEIR LUNG FUNCTION.”
	THAT'S WHEN THE COUGHING, WHEEZING AND SHORTNESS OF BREATH CAN BEGIN TO BECOME MORE PRONOUNCED.
Dr. Scanlon	“MOST CASES OF COPD ARE VERY MILD DISEASE THAT LEADS TO LITTLE OR NO TREATMENT OTHER THAN SMOKING CESSATION.”
	EVEN PEOPLE WITH MODERATE OR SEVERE DISEASE CAN LIVE BETTER AND LIVE LONGER WITH PROPER TREATMENT.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.