

Mayo Clinic Medical Edge

What is Prostate Specific Antigen (PSA)?

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IF YOU'RE A MAN AROUND 40 YEARS OLD, YOU MAY HAVE HAD THE DISCUSSION WITH YOUR DOCTOR: SHOULD I HAVE A PSA OR PROSTATE-SPECIFIC ANTIGEN (PSA) TEST? ITS A CONVERSATION MAYO CLINIC UROLOGIST DR. JEFFREY KARNES IS FAMILIAR WITH. BUT JUST WHAT IS PSA?
Jeffrey Karnes, M.D.	"IT'S A PROTEIN THAT'S INVOLVED WITH EJACULATION."
	PSA IS PRODUCED IN THE PROSTATE AND SMALL AMOUNTS END UP LEAKING INTO THE BLOODSTREAM. MEASURING THE PSA LEVEL IN THE BLOOD CAN

	PROVIDE CLUES TO YOUR RISK OF PROSTATE CANCER.
Dr. Karnes	“THE LOWER THE PSA THE LOWER THE CHANCE OF HAVING PROSTATE CANCER.”
	WHILE IT CAN BE A USEFUL TOOL, IT’S NOT A DEFINITIVE TEST. DR. KARNES SAYS MEN WITH NORMAL PSA LEVELS CAN STILL HAVE PROSTATE CANCER. AND A HIGH PSA LEVEL ISN’T NECESSARILY A SIGN OF CANCER.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.