

Medical Edge from Mayo Clinic

Treating TMD

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	IT COULD BE AN OCCASIONAL DULL ACHE OR PAIN SO SEVERE YOU CAN'T OPEN YOUR MOUTH. THE TEMPOROMANDIBULAR JOINT OR T-M-J IS WHAT ALLOWS YOU TO OPEN AND CLOSE YOUR MOUTH. AND JUST LIKE YOUR HIP OR KNEE, IT'S SUSCEPTIBLE TO A VARIETY OF PROBLEMS. FOR MOST PATIENTS RELIEF COMES FROM SOME SIMPLE ADVICE. MAYO CLINIC DR. CHRIS VIOZZI.
Chris Viozzi, M.D. Track 5 (9:45)	"JUST LIKE WE WOULD SAY TO A PATIENT WITH A KNEE INJURY

	DON'T BE OUT THERE RUNNING A MARATHON EVERYDAY. BUT WHEN YOU CHEW GUM ALL DAY YOU'RE RUNNING A MARATHON WITH YOUR MOUTH."
	BUT FOR SOME THE PAIN CAN BE SO SEVERE THEY CAN'T OPEN THEIR MOUTHS. THEY CAN'T EAT. THEIR JAWS MAY EVEN BE LOCKED.
Dr. Viozzi Track 5 (6:45)	"THEN WE START TO TALK ABOUT, IS THIS PATIENT A CANDIDATE FOR SURGERY."
	THAT CAN MEAN ANYTHING FROM A RELATIVELY BENIGN MINIMALLY INVASIVE PROCEDURE, ALL THE WAY UP TO TOTAL JOINT REPLACEMENT.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.