

**Mayo Clinic Medical Edge**

**Barrett's Esophagus**

1:00

<b>Log</b>	<b>Audio</b>
<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT'S LATE IN THE EVENING, YOU'VE JUST HAD A BIG MEAL...TOPPED OFF WITH SOME COFFEE OR MAYBE CHOCOLATE. ALL THE MAKINGS OF A CASE OF HEARTBURN. WHILE OCCASIONAL BOUTS ARE NOTHING TO WORRY ABOUT, FREQUENT HEARTBURN CAN LEAD TO SOMETHING CALLED BARRETT'S ESOPHAGUS. MAYO CLINIC DR. YVONNE ROMERO COMPARES A HEALTHY ESOPHAGUS TO A TILE FLOOR, SMOOTH, FLAT, SQUARE CELLS. BARRETT'S IS SHAG CARPETING.
<b>Yvonne Romero, M.D.</b>	"THE ONLY REASON THE SHAG

	CARPET MATTERS IS PEOPLE WITH IT HAVE A 30 TO 125-FOLD INCREASED RISK OF CANCER.”
	THAT’S WHY THE AMERICAN COLLEGE OF GASTROENTEROLOGY RECOMMENDS ANYONE WITH BARRETT’S BE CLOSELY MONITORED FOR PRE-CANCEROUS CHANGES.
<b>Dr. Romero</b>	“WE CAN BURN IT. WE CAN FREEZE IT. WE CAN SHAVE IT OFF. WE CAN DO LOTS OF THINGS NOWADAYS FOR THE PERSON TO KEEP THEIR ESOPHAGUS AND YET AVOID CANCER.”
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.