

Mayo Clinic Medical Edge

Lymphatic System

1:00

Log

Audio

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT SEEMS ABOUT THE ONLY TIME YOU EVER HEAR THE WORDS "LYMPH NODES" MENTIONED IS IN REGARDS TO CANCER: "HAS IT SPREAD TO THE LYMPH NODES?" BUT JUST WHAT ARE THE LYMPH NODES? WHAT IS THE LYMPHATIC SYSTEM AND WHAT DOES IT DO? MAYO CLINIC DR. ANDREA CHEVILLE SAYS IT STARTS WITH...
Andrea Cheville, M.D.	"A WHOLE NETWORK OF LITTLE VESSELS THAT ABSORB BOTH FLUID AND SOLID WASTE. THEY'RE KIND OF LIKE YOUR GARBAGE MEN. THEY KEEP YOUR TISSUE CLEAN. "

	THAT WASTE, OR LYMPH, IS THEN SENT TO THE LYMPH NODES WHICH ACT LIKE LITTLE PURIFICATION STATIONS.
Dr. Cheville	“THEY ALSO GET RID OF BACTERIA, ANYTHING HARMFUL, BECAUSE EVENTUALLY THAT LYMPH, ALL THAT FLUID AND SOLID MATERIAL IS GOING TO BE DEPOSITED IN THE BLOODSTREAM, SO IT’S GOING TO GO EVERYWHERE.”
	LYMPHEDEMA IS A CONDITION THAT OCCURS WHEN THE SYSTEM BREAKS DOWN OR FAILS TO DEVELOP PROPERLY. THAT CAN RESULT IN SWELLING OF ANY BODY PART, USUALLY THE ARMS OR LEGS, AND RAISES YOUR RISK FOR INFECTION.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN

	WILLIAMS.
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