

Mayo Clinic Medical Edge

Shoulder Surgery Study

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	SWINGING A GOLF CLUB, GRABBING SOMETHING OFF A HIGH SHELF, EVEN LIFTING A GROCERY BAG. SIMPLE MOTIONS THAT CAN BE MADE DIFFICULT, EVEN IMPOSSIBLE BY SHOULDER ARTHRITIS.
John Sperling, M.D.	"PEOPLE TYPICALLY PRESENT WITH PAIN IN THE SHOULDER, AND LIMITATION IN FUNCTION."
	JOINT REPLACEMENT—EITHER FULL OR PARTIAL—CAN PROVIDE RELIEF, ESPECIALLY IN OLDER, LESS ACTIVE ADULTS. BUT DR. JOHN SPERLING AND A TEAM OF RESEARCHERS AT MAYO CLINIC

	<p>WONDERED ABOUT YOUNGER PATIENTS... THOSE UNDER 50 WHO OFTEN FACE A DILEMMA IN CHOOSING BETWEEN THE TWO PROCEDURES.</p>
Dr. Sperling	<p>“TOTAL REPLACEMENT HAS A BETTER CHANCE OF PAIN RELIEF BUT WITH MORE RESTRICTIONS. THE OTHER ONE HAS A LOWER PERCENT CHANCE OF PAIN RELIEF, BUT ESSENTIALLY NO RESTRICTIONS IN THE FUTURE. ”</p>
	<p>WHAT DR. SPERLING AND HIS COLLEAGUES FOUND WAS THAT BOTH PROCEDURES PROVED BENEFICIAL. BUT, YOUNGER PATIENTS, PARTICULARLY THOSE WHO UNDERWENT A PARTIAL REPLACEMENT, MAY NEED MORE SURGERY DOWN THE LINE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>