

Mayo Clinic Medical Edge

Cervical Myelopathy

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IF YOU PINCH OR COMPRESS A GARDEN HOSE, WHAT HAPPENS? YOU AFFECT THE FLOW DOWNSTREAM RIGHT? CERVICAL MYELOPATHY OCCURS WHEN YOU PINCH OR COMPRESS THE SPINAL CORD IN THE NECK AREA. JUST LIKE WITH THE HOSE, THE FLOW DOWNSTREAM IS GOING TO BE AFFECTED; ONLY IN THIS CASE, IT'S YOUR NEUROLOGIC FUNCTION
Patty Atkinson, M.D.	"IT CAN AFFECT NERVE ROOTS THAT ARE GOING OUT INTO THE

	UPPER EXTREMITIES, BUT MORE TYPICALLY IT'S AFFECTING THE LONG NERVOUS SYSTEM TRACTS TRAVELING THROUGH THIS SPINAL CORD SO GAIT OR WALKING IS A BIG THING THAT GETS AFFECTED."
	DR. PATTY ATKINSON, A MAYO CLINIC NEUROLOGIST SAYS BLADDER AND BOWEL FUNCTION CAN ALSO BE ALTERED.
Dr. Atkinson	"EVERYTHING HAS TO GO THROUGH YOUR NECK TO GET THERE."
	OFTEN THE COMPRESSION IS A RESULT OF AGE AND WEAR AND TEAR ON THE SPINE WHICH NARROWS AND PUTS PRESSURE ON THE SPINAL CORD, A CONDITION CALLED SPINAL STENOSIS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN

	WILLIAMS.
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