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**Medical Edge from Mayo Clinic**

***Eating Disorders***

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WE'D ALL LIKE TO HAVE THAT PERFECT BODY. BUT FOR SOME, ESPECIALLY TEENAGE GIRLS AND YOUNG WOMEN, STRIVING FOR THAT IDEAL LOOK CAN TAKE AN UNHEALTHY COURSE.
<b>Leslie Sim, Ph.D.</b> <b>Track 1 (:55)</b>	"IF YOU HAVE TO LOOK AT SOME OF THE COMMON FEATURES OF EATING DISORDERS, IN GENERAL YOU WOULD LOOK AT PREOCCUPATION WITH WEIGHT AND SHAPE, FEAR OF WEIGHT GAIN, ASSOCIATED RESTRICTION

	OF FOOD OR METHODS USED TO PREVENT WEIGHT GAIN.”
	MAYO CLINIC DR. LESLIE SIM SAYS WHILE THE PREVELANCE OF ANOREXIA IS HOLDING STEADY, THE NUMBER OF BULIMIA CASES IS ON THE RISE. WHY?
<b>Dr. Sim</b> <b>Track 1 (1:54)</b>	“IN GENERAL, CULTURAL MESSAGES ARE MAKING THE DISORDER MORE PREVELANT.”
	AND THE PRICE CAN BE BIG. HEART PROBLEMS, HORMONAL CHANGES AND NERVE DAMAGE ARE JUST SOME OF THE HEALTH RISKS ASSOCIATED WITH EATING DISORDERS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.