
Mayo Clinic Medical Edge

Oral Health

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOU EAT RIGHT, EXERCISE AND WATCH YOUR WEIGHT. ALL IMPORTANT THINGS WHEN IT COMES TO MAINTAINING GOOD HEALTH. BUT YOU MAY BE FORGETTING A COUPLE OF IMPORTANT THINGS. BRUSHING AND FLOSSING.
Alan Carr, D.M.D.	"YOU CAN'T HAVE GOOD HEALTH WITHOUT GOOD ORAL HEALTH."
	IN FACT, AS MAYO CLINIC DR. ALAN CARR POINTS OUT, THE IMPORTANCE OF ORAL HEALTH

	<p>WAS THE TOPIC OF THE SURGEON'S GENERAL REPORT A FEW YEARS BACK</p>
<p>Dr. Carr</p>	<p>"THERE IS SOME RECENT RESEARCH THAT IS INVESTIGATING THE INTERACTION OF CHRONIC GUM DISEASE, PERIODONTAL DISEASE, AND CERTAIN MEDICAL CONDITIONS SUCH AS HEART DISEASE, LUNG DISEASE, STROKE, RESPIRATORY DISEASES, PREMATURE BIRTHS AND LOW BIRTH WEIGHT."</p>
	<p>SO REMEMBER, A TRIP TO THE DENTIST ISN'T JUST ABOUT KEEPING A GREAT SMILE. IT'S ABOUT MAKING SURE YOU'RE ABLE TO WEAR IT FOR YEARS TO COME</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DENTIST OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>

