

Mayo Clinic Medical Edge

Spasmodic Dysphonia

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	SPEAKING... IT'S SOMETHING THAT MOST OF US TAKE FOR GRANTED... UNTIL SOMETHING GOES WRONG.
Diana Orbelo, Ph.D.	"SPASMODIC DYSPHONIA IS A DYSTONIA, WHICH MEANS IT'S A MOVEMENT DISORDER THAT IS SPECIFIC TO THE LARYNX."
	WHAT HAPPENS, EXPLAINS MAYO CLINIC DR. DIANA ORBELO, IS THAT THE MUSCLES OF THE LARYNX— THE VOCAL CORDS—INSTEAD OF OPENING AND CLOSING IN A COORDINATED FASHION, SPASM INVOLUNTARILY. ADDUCTOR SPASMODIC DYSPHONIA IS WHEN

	<p>THE VOCAL CORDS SPASM CLOSED. IN ABDUCTOR SPASMODIC DYSPHONIA THEY SPASM OPEN.</p>
<p>Dr. Orbelo</p>	<p>“SO IF SOMEONE WOULD BE TALKING THEY MIGHT SAY, HEE HAD A HAMBURGER... VS A TIGHT ADDUCTOR SPASMODIC DYSPHONIA WHICH WOULD BE MORE LIKE... HE HAD A HAMBURGER”</p>
	<p>THERE’S EVEN A COMBINATION FORM. NOW WE DON’T KNOW WHAT CAUSES SPASMODIC DYSPHONIA, AND WE DON’T HAVE A CURE. BUT THERE ARE TREATMENTS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>