

Medical Edge from Mayo Clinic

Plantar Warts

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL.
	PLANTAR WARTS ARE IRRITATING, SOMETIMES PAINFUL GROWTHS ON THE BOTTOM OF YOUR FEET. BUT THERE'S NO TOADS TO BLAME FOR THESE WARTS. IT'S ACTUALLY SOMETHING CALLED THE HUMAN PAPILLOMAVIRUS, OR H-P-V.
Steven Kavros, D.P.M. Track 2 (2:45)	"IT BASICALLY TAKES A CUT ON YOUR FOOT TO GET THAT VIRUS INTO YOUR SKIN."
	DR. STEVEN KAVROS, A MAYO CLINIC FOOT SPECIALIST, SAYS H-P-V THRIVES IN PLACES LIKE

	<p>POOLS, GYMS AND SHOWERS.</p> <p>PLANTAR WARTS OFTEN GO AWAY ON THEIR OWN, BUT THERE ARE PLENTY OF GOOD TREATMENT OPTIONS AVAILABLE OVER THE COUNTER. THOSE INCLUDE SALICYLIC ACID AND, BELIEVE IT OR NOT, DUCT TAPE. DUCT TAPE SEALS VERY TIGHTLY AND THAT'S IMPORTANT BECAUSE YOU WANT TO BE SURE TO KEEP THE WART IN A DARK AND MOIST ENVIRONMENT WHILE THE ACID IS APPLIED.</p>
<p>Dr. Kavros Track 2 (4:55)</p>	<p>“THAT DRIVES THE MEDICINE INTO THE WART BETTER AND KILLS IT A LOT EASIER.”</p>
	<p>FREEZING, LASERS, AND SURGERY ARE MORE AGGRESSIVE TREATMENTS IF NEEDED.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>

