

Mayo Clinic Medical Edge

What is Atrial Fibrillation

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	SCARY MOVIES... ROLLER COASTERS RIDES... A CALL THE TO BOSSES OFFICE... LOTS OF THINGS CAN GET YOUR HEART RACING. SO CAN A CONDITION CALLED ATRIAL FIBRILLATION.
Stephen Hammill, M.D.	"IT'S AN IRREGULAR RHYTHM INVOLVING THE UPPER HEART CHAMBERS—THE ATRIA. THEY SORT OF KICK OUT OF RHYTHM AND THEN BASICALLY JUST QUIVER. THEY'RE BEATING AT ABOUT 400 TIMES A MINUTE."
	MAYO CLINIC DR.STEPHEN HAMMILL SAYS YOU MAY FEEL YOUR HEART RACING, BECOME

	LIGHT HEADED OR SHORT OF BREATH. YET OTHERS MAY FEEL NOTHING AT ALL. THANKFULLY IT'S RARELY LIFE-THREATENING ON ITS OWN. BUT ATRIAL FIBRILLATION IS A MAJOR RISK FACTOR FOR STROKE. AND, IF IT'S PERSISTANT AND UNDIAGNOSED IT CAN...
Dr. Hammill	"REDUCE HEART STRENGTH AND CAUSE HEART FAILURE."
	TREATING ATRIAL FIBRILLATION VARIES FROM PATIENT TO PATIENT BUT INCLUDES MEDICATIONS AND MINIMALLY INVASIVE PROCEDURES THAT ALTER THE HEART'S ELECTRICAL SYSTEM.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.