

Mayo Clinic Medical Edge
Crohn's and Pregnancy

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	"IT WOULDN'T BE A GIRL'S ROOM IF WE DIDN'T HAVE PINK"
	JENNIFER ADLER IS PREPARING THE NURSERY FOR THE ARRIVAL OF A NEW BABY GIRL.
	JENNIFER HAS CROHN'S DISEASE, AND BEFORE SHE GOT PREGNANT SHE WAS CONCERNED ABOUT TWO THINGS: WOULD PREGNANCY MAKE HER SYMPTOMS WORSE AND WOULD THE MEDICATIONS SHE TAKES HURT HER UNBORN BABY?
William Tremaine, M.D. Mayo Clinic	"THE MAJORITY OF WOMEN WHO HAVE CROHN'S DISEASE CAN GET PREGNANT WITH OUT UNDUE RISK

	<p>TO THEMSELVES OR THE BABY.</p> <p>THE RULE OF THUMB IS TO TRY TO GET THE DISEASE UNDER AS GOOD OF CONTROL AS POSSIBLE BEFORE PROCEEDING WITH THE PREGNANCY.”</p>
	<p>MAYO CLINIC DR. WILLIAM TREMAINE SAYS IF YOUR SYMPTOMS ARE UNDER CONTROL, YOU HAVE A TWO OUT OF THREE CHANCE OF STAYING HEALTHY THROUGHOUT YOUR PREGNANCY. BUT IF YOU GET PREGNANT DURING A FLARE-UP OF CROHN’S, YOU HAVE A TWO OUT OF THREE CHANCE OF STAYING SICK THE WHOLE TIME. SO PLAY THE ODDS AND TRY TO GET WELL BEFORE YOU GET PREGNANT.</p>
	<p>FOR MORE INFORMATION, TALK WITH YOUR DOCTOR, OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

