

Medical Edge from Mayo Clinic
Mechanical or Tissue Valve Replacement

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	RED OR WHITE? TWO DOORS OR FOUR? LIFE IS FULL OF CHOICES. EVEN PATIENTS NEEDING HEART VALVE REPLACEMENT NEED TO CHOOSE... TISSUE OR MECHANICAL. TISSUE VALVES ARE EITHER FROM PIGS OR COWS.
Thor Sundt, M.D. Track 2 (4:55)	"THE BEAUTY OF TISSUE VALVES IS THAT THEY HAVE A LOW RISK OF BLOOD CLOTS FORMING."
	THE DOWNSIDE, SAYS MAYO CLINIC DR. THOR SUNDT, IS THAT THEY WEAR OUT. YOUNGER PATIENTS MAY NEED ANOTHER

	<p>OPERATION. BUT DURABILITY IS NOT AN ISSUE WITH MECHANICAL VALVES.</p>
<p>Dr. Sundt Track 2 (5:55)</p>	<p>“THE SHORTCOMING OF MECHANICAL VALVES IS THAT PATIENTS REQUIRE ANTI-COAGULATION WITH COUMADIN OR WARFRIN.”</p>
	<p>WHICH ALSO MEANS IT PROBABLY WOULDN'T BE THE RIGHT CHOICE FOR SOMEONE WITH A PASSION FOR ROCK CLIMBING OR SKY DIVING WHERE THERE'S ADDED RISK OF BLEEDING. ULTIMATELY SAYS DR. SUNDT, THE CHOICE HAS TO BE MADE BY THE PATIENT, BECAUSE THEY'RE THE ONES THAT HAVE TO LIVE WITH THE RISKS AND COMPLICATIONS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>

