

Mayo Clinic Medical Edge

Tracheal Stenosis

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOUR TRACHEA OR WINDPIPE IS THE ROAD THAT THE AIR WE BREATHE TAKES TO GET TO THE LUNGS. TRACHEAL STENOSIS IS...
Shelagh Cofer, M.D.	"ANY TYPE OF NARROWING IN YOUR AIRWAY. IT CAN BE VERY SERIOUS AND IN SOME CASES LIFE THREATENING."
	ACCORDING TO DR. SHELAGH COFER, AN EAR, NOSE AND THROAT SPECIALIST AT MAYO CLINIC, TRACHEAL STENOSIS IS A PROBLEM YOU CAN BE BORN WITH, OR IT CAN BE BROUGHT ON BY INFLAMMATORY CONDITIONS. INJURY IS ANOTHER COMMON

	<p>CAUSE. YOU SEE, THE FIRST STEP TO WOUND HEALING IS THE FORMATION OF SOMETHING CALLED GRANULATION TISSUE. IT'S A TISSUE THAT CAN GROW VERY QUICKLY. IN JUST A MATTER OF HOURS...</p>
Dr. Cofer	<p>"THE GRANULATION TISSUE CAN OBSTRUCT THE AIRWAY... AND IT'S JUST PART OF THE HEALING PROCESS."</p>
	<p>THAT'S WHY DR. COFER SAYS IT'S IMPORTANT, IF YOU'RE HAVING SYMPTOMS, TO GET CHECKED OUT RIGHT AWAY. THERE ARE A NUMBER OF TREATMENTS THAT CAN OPEN THE AIRWAY AND KEEP YOU BREATHING EASIER.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>