

Mayo Clinic Medical Edge
Early Blood Pressure Problems

1:00

| Log | Audio |
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| Intro with music | GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE. |
| | HIGH BLOOD PRESSURE IS SCARY. AFTER ALL, IT'S NOT CALLED THE SILENT KILLER FOR NOTHING. BUT IT'S GETTING EVEN SCARIER. WHY? |
| Carl Cramer, M.D. | "IT'S NO LONGER A 40 PLUS YEAR OLD DIAGNOSIS." |
| | IN FACT, MAYO CLINIC DR. CARL CRAMER SAYS HIGH BLOOD PRESSURE IS ONE OF THE LEADING CHRONIC CONDITIONS IN KIDS. THE GOOD NEWS IS... |
| Dr. Cramer | "IT'S RARE FOR THEM TO DEVELOP |

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| | STROKE AND IT'S RARE FOR THEM TO DEVELOP A HEART ATTACK IN THEIR TEENAGE YEARS. ” |
| | BUT THAT DOESN'T MEAN YOU CAN IGNORE IT. STUDIES HAVE INDICATED THAT IF THE BLOOD PRESSURE ISN'T CONTROLLED... |
| Dr. Cramer | “SOME OF THOSE KIDS THAT MAINTAIN HIGH BLOOD PRESSURE, THE HEART MUSCLE ACTUALLY GETS QUITE THICKENED, WHICH IS, BY MANY EXPERTS, FELT TO BE AN EARLY SIGN THAT THEY'RE GOING TO POTENTIALLY HAVE FURTHER HEART PROBLEMS DOWN THE ROAD. |
| | BUT, IF YOU GET THE BLOOD PRESSURE UNDER CONTROL EARLY, THE HEART RETURNS TO NORMAL. |
| | FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN |

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| | WILLIAMS. |
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