

Mayo Clinic Medical Edge

Headache Disorders

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	THERE'S NOTHING LIKE A HEADACHE TO RUIN YOUR DAY. THE PAIN AND PRESSURE CAN MAKE YOU IRRITABLE... DISTRACTED. BUT A HEADACHE ACTUALLY SERVES A PURPOSE.
Michael Cutrer, M.D.	"IT'S MEANT TO BE AN EARLY WARNING SYSTEM TO PROTECT THE BRAIN AND THE UPPER CERVICAL SPINAL CORD.
	THANKFULLY, THINGS SUCH AS TUMORS ARE RELATIVELY RARE. BUT HEADACHE DISORDERS AREN'T. DR. MICHAEL CUTRER, A

	MAYO CLINIC NEUROLOGIST SAYS THOUSANDS OF PEOPLE ARE LIVING WITH DAILY HEADACHES
Dr. Cutrer	“IT’S LIKE THE ALARM SYSTEM BECOMES TOO EASILY ACTIVATED AND IT BECOMES ACTIVATED BY THINGS THAT REALLY DON’T PROVIDE ANY WARNING OF ANYTHING. IT BECOMES A PROBLEM IN AND OF ITSELF. I’VE HAD PATIENTS WHOSE MARRIAGES HAVE BEEN RUINED, JOBS LOST. AND IT’S A PROBLEM THAT AFFECTS OLDER AND YOUNGER PEOPLE ALIKE.”
	BUT OFTEN, WITH THE RIGHT TREATMENT YOU CAN BEGIN CONTROLLING THE HEADACHES, INSTEAD OF THEM, CONTROLLING YOU.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN

	WILLIAMS.
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