
Mayo Clinic Medical Edge

Anorexia

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WE'VE HEAR A LOT THESE DAYS ABOUT OBESITY. YET ON THE OTHER END OF THE SPECTRUM IS ANOTHER PROBLEM. ANOREXIA.
David Mrazek, M.D.	"EVERYONE AROUND THE PATIENT CAN TELL THAT THEY'RE GRADUALLY STARVING THEMSELVES TO DEATH AND YET THE PATIENT LOOKS IN THE MIRROR AND BELIEVES THEY ACTUALLY NEED TO LOSE WEIGHT."
	MAYO CLINIC DR. DAVID MRAZEK DESCRIBES ANOREXIA AS A

	<p>MYSTERIOUS, COMPLEX ILLNESS.</p> <p>WHY? BECAUSE THERE'S NOT ONLY THE PERCEPTIONAL ISSUE, BUT BIOLOGICAL AND PHYSIOLOGICAL ASPECTS THAT ALSO HAVE TO BE OVERCOME.</p>
Dr. Mrazek	<p>"WE HAVE A HIGH EXPECTATION OF BEING ABLE TO WORK WITH THESE YOUNG WOMEN TO DEVELOP PERSPECTIVES ON THE NATURE OF THEIR PROBLEM AND MOST IMPORTANTLY, TO CHOOSE A HEALTHY LIFESTYLE."</p>
	<p>ANOREXIA IS NOT EASY TO TREAT, BUT DR. MRAZEK SAYS THE PROGNOSIS HAS GOTTEN MUCH BETTER OVER JUST THE LAST TEN YEARS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>