

**Mayo Clinic Medical Edge**

**Botox for BPH**

1:00

<b>Log</b>	<b>Audio</b>
<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	TURN ON THE TV AND THE ADS ARE HARD TO MISS. YOU KNOW, THE ONES TALKING ABOUT BENIGN PROSTATIC HYPERPLASIA, OR BPH.
<b>Lance Mynderse, M.D.</b>	"IT'S A CONDITION THAT INVOLVES OVERGROWTH OF NORMAL TISSUE IN THE PROSTATE."
	MAYO CLINIC DR. LANCE MYNDERSE SAYS AN ENLARGED PROSTATE IS A NORMAL PART OF AGING. BUT, IN SOME MEN, BPH CAUSES SYMPTOMS INCLUDING DIFFICULTY URINATING AS WELL AS INCREASED FREQUENCY AND URGENCY. TREATMENT OPTIONS

	<p>INCLUDE MEDICATION, SURGERY AND LESS INVASIVE OPTIONS SUCH AS HEAT THERAPY TO DESTROY EXCESS TISSUE. DR. MYNDERSE IS STUDYING ANOTHER OPTION. BOTOX.</p>
<p><b>Dr. Mynderse</b></p>	<p>“THERE IS VERY GOOD PRELIMINARY EVIDENCE THAT THESE DRUGS CAN NOT ONLY RELAX THE MUSCULATURE MUCH LIKE SOME OF THE MEDICINES DO, BUT ADDITIONALLY, IT MAY ACTUALLY ATROPHY OR REDUCE THE SIZE OF THE PROSTATE.”</p>
	<p>DR. MYNDERSE HOPES BOTOX WILL PROVE TO BE ONE MORE MINIMALLY INVASIVE OPTION FOR MANY MEN</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>

