

**Mayo Clinic Medical Edge**  
***What is Hemochromatosis***

1:00

<b>Log</b>	<b>Audio</b>
<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOU KNOW THE SAYING..."TOO MUCH OF A GOOD THING IS PROBABLY BAD FOR YOU." TOO MUCH SUN OR TOO MUCH JUNK FOOD CAN HAVE REAL CONSEQUENCES. YOU CAN ADD IRON TO THAT LIST AS WELL. WE NEED IRON IN OUR BODIES. BUT SOME PEOPLE HAVE A CONDITION CALLED HEMOCHROMOTOSIS WHERE THE BODY ABSORBS AN EXCESS OF IRON.
<b>Raj Satyanarayana, M.D.</b>	"AND CONSEQUENTLY, THERE ARE PROBLEMS IN THE LIVER, IN THE HEART, IN THE ENDOCRINE ORGANS SUCH AS THE PANCREAS.

	<p>MAYO CLINIC DR. RAJ SATYANARAYANA, SAYS HEMOCHROMOTOSIS IS ONE OF THE MOST COMMON GENETIC DEFECTS IN PEOPLE OF NORTHERN EUROPEAN ANCESTRY. AND IT'S SOMETHING THAT WE CAN NOW TEST FOR AND TREAT BEFORE DAMAGE IS DONE.</p>
<p><b>Dr. Sastyanarayana</b></p>	<p>"THE TREATMENT OF HEMOCHROMOTOSIS IS PHLEBOTOMY – BLOOD-LETTING."</p>
	<p>ONCE IRON LEVELS REACH AN ACCEPTABLE RANGE, PATIENTS TYPICALLY NEED MAINTENANCE PROCEDURES THREE OR FOUR TIMES A YEAR FOR THE REST OF THEIR LIFE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>