

Mayo Clinic Medical Edge

First Month is Critical for Heart Attack Survivors

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	A NEW STUDY IS OUT REGARDING SURVIVORS OF HEART ATTACKS. RESEARCHERS SAY THAT JUST BECAUSE YOU'RE OUT OF THE HOSPITAL, YOU'RE NOT OUT OF THE WOODS.
Veronique Roger, M.D.	"THE RISK OF SUDDEN DEATH, AFTER HEART ATTACK, IS THE HIGHEST THE FIRST MONTH OR SO AFTER THE HEART ATTACK."
	WHILE THE RISK DROPS SIGNIFICANTLY AFTER THAT FIRST MONTH, DR. VERONIQUE ROGER, A MAYO CLINIC CARDIOLOGIST AND LEAD AUTHOR OF THE STUDY, SAYS PATIENTS NEED TO REMAIN

	VIGILANT FOR ANY SIGNS OF HEART FAILURE.
Dr. Roger	“SOME OF THOSE WOULD INCLUDE SHORTNESS OF BREATH WITH MINIMAL ACTIVITY, EVEN SHORTNESS OF BREATH AT REST. SOMETIMES SWELLING OF THE LEGS OR INORDINATE FATIGUE. AND IN SOME PATIENTS, EVEN AN ELEMENT OF CONFUSION.”
	THE ONSET OF ANY OF THESE SYMPTOMS INCREASES THE RISK OF SUDDEN CARDIAC DEATH AND EMPHASIZES THE NEED FOR PATIENTS TO STAY IN CLOSE CONTACT WITH THEIR PHYSICIANS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.