

Mayo Clinic Medical Edge

Babysitter Safety

1:00

| Log | Audio |
|---------------------------|---|
| Intro with music | GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE. |
| | FOR MANY KIDS, BABYSITTING IS ONE OF THE FIRST JOBS THEY'LL EVER HAVE. MAYO CLINIC IS WORKING ALONGSIDE A NATIONAL NON-PROFIT ORGANIZATION CALLED SAFE SITTER TO TEACH KIDS HOW TO DO THAT JOB RIGHT. |
| Sharon Munns, R.N. | "WHEN YOU ACCEPT A BABYSITTING JOB, YOU'RE ACCEPTING RESPONSIBILITY FOR THAT CHILD'S LIFE. SO YOU BASICALLY HAVE TO BE LIKE A BODY GUARD." |
| | SHARON MUNNS IS A SAFETY EXPERT AND REGISTERED NURSE AT MAYO CLINIC. SHE SAYS THE |

| | |
|--|---|
| | <p>KEY TO SUCCESSFUL BABYSITTING IS TO PREVENT BAD THINGS FROM HAPPENING BY BEING PREPARED.</p> |
| | <p>“THEY’RE GIVEN A PRETTY EXTENSIVE MANUAL.”</p> |
| | <p>IT CONTAINS EVERYTHING THEY NEED. A PLACE TO JOT DOWN EMERGENCY PHONE NUMBERS, BEDTIME ROUTINES, PARENT- APPROVED SNACKS AND MORE.</p> |
| | <p>LIKE HOW TO HANDLE DIFFERENT TYPES OF INJURIES OR WHEN TO CALL 911.</p> |
| | <p>AT THE END OF THE CLASS STUDENTS TAKE TESTS TO DEMONSTRATE WHAT THEY’VE LEARNED. LESSONS THAT CAN HELP MAKE THAT FIRST JOB A LITTLE MORE REWARDING</p> |
| | <p>FOR MEDICAL EDGE, I’M VIVIEN WILLIAMS.</p> |

