

Mayo Clinic Medical Edge

Common Oral Problems

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	TAKING CARE OF YOUR TEETH IS ABOUT MORE THAN JUST A BEAUTIFUL SMILE. ORAL HEALTH CAN IMPACT OVER-ALL HEALTH. SO PREVENTING ANY PROBLEMS CAN PAY BIG DIVIDENDS.
Alan Carr, D.M.D	"THE MOST COMMON ORAL DISEASES HAVE TO DO WITH DECAY, SOMETIMES CALLED CARRIES, AND GUM DISEASE, CALLED PERIODONTAL DISEASE."
	IN BOTH INSTANCES, THE CULPRIT IS PLAQUE. DECAY, EXPLAINS MAYO CLINIC DR. ALAN CARR, REALLY DOESN'T MAKE ITS PRESENCE KNOWN UNTIL IT'S

	<p>ADVANCED ENOUGH TO CAUSE PAIN. WITH GUM DISEASE, INFLAMMATION CAN CAUSE THE GUMS TO SWELL. BRUSHING AND FLOSSING CAN CAUSE THE GUMS TO BLEED</p>
<p>Dr. Carr</p>	<p>“SOME PEOPLE ASSOCIATE THE BLEEDING WHEN THEY MANIPULATE THOSE TISSUES WITH A BRUSH AS DOING SOMETHING WRONG, SO THEY DON'T BRUSH. THAT IS THE EXACT OPPOSITE THING THAT THEY SHOULD BE DOING.”</p>
	<p>BRUSHING AND FLOSSING, ALONG WITH REGULAR CHECK-UPS TO CATCH ANY PROBLEMS EARLY, CAN HELP KEEP YOU AND YOUR MOUTH HEALTHY.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>

