

**Medical Edge from Mayo Clinic**

**Gastric Bypass**

1:00

<b>Log</b>	<b>Audio</b>
<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	ONE IN THREE AMERICANS NOW MEETS THE MEDICAL DEFINITION OF OBESITY. AND IF YOU'VE EVERY TRIED TO DROP A FEW POUNDS, IMAGINE HOW HARD IT MIGHT BE TO LOSE 40, 50, 100 POUNDS OR MORE. FOR SEVERELY OVERWEIGHT INDIVIDUALS, SURGERY MAY BE AN OPTION.
<b>James Swain, M.D.</b> <b>Track 3 (9:08)</b>	"GASTRIC BYPASS IS BASICALLY THE GOLD STANDARD IN THE UNITED STATES."
	THERE ARE TWO MAIN CATEGORIES FOR WEIGHT LOSS SURGERY. RESTRICTIVE

	<p>SURGERIES LIMIT THE AMOUNT OF FOOD YOU CAN EAT WHILE THE OTHER TYPE LIMITS THE NUTRIENTS YOU CAN ABSORB. MAYO CLINIC DR. JAMES SWAIN SAYS GASTRIC BYPASS IS...</p>
<p><b>Dr. Swain</b> <b>Track 3 (9:13)</b></p>	<p>“SORT OF AN IN-BETWEEN OPERATION. TAKING ADVANTAGES OF A RESTRICTIVE OPERATION AND ADDING A SMALL AMOUNT OF MALABSORPTION.”</p>
	<p>GIVING IT THE BEST SHORT AND LONG TERM RESULTS. SURGERY IS NOT FOR EVERYONE AND IT DOES CARRY SOME RISK. IT ALSO TAKES A STRONG COMMITMENT TO LIFESTYLE CHANGES.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>