

Mayo Clinic Medical Edge

Juvenile Arthritis

1:00

Log

Audio

<p>Intro with music</p>	<p>GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.</p>
	<p>STIFFNESS, PAINFUL ACHY JOINTS. ARTHRITIS IS THE NUMBER ONE CAUSE OF DISABILITY IN AMERICA. BUT DON'T BE FOOLED INTO THINKING IT'S JUST A DISEASE OF THE ELDERLY.</p>
<p>Ann Reed, M.D. Track 4 (:05)</p>	<p>"IT'S ACTUALLY ONE OF THE MOST COMMON CHRONIC DISEASES BEHIND ASTHMA IN CHILDREN."</p>
	<p>WHILE ADULT FORMS OF THE DISEASE CAN SHOW UP IN CHILDREN, MAYO CLINIC DR. ANN REED SAYS JUVENILE ARTHRITIS IS A SEPARATE CONDITION WITH A DIFFERENT SET OF ISSUES.</p>
<p>Dr. Reed</p>	<p>"THEY'RE GROWING. THEY'RE</p>

Track 4 (1:13)	TRYING TO DEVELOP SO YOU WANT TO PRESERVE MOBILITY AND THEM ACTING AS A CHILD.”
	THE GOOD NEWS IS THAT THE ARTHRITIS CAN OFTEN BE PUT INTO A REMISSION OR ITS SYMPTOMS MINIMIZED. MEDICATIONS ARE A BIG PART OF THOSE THERAPIES. BUT SO IS GOOD NUTRITION. HELPING YOUR CHILD EAT RIGHT AND MAINTAIN A HEALTHY WEIGHT CAN PAY DIVIDENDS NOT ONLY AGAINST ARTHRITIS, BUT ALL THE WAY THROUGH LIFE.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.