

Mayo Clinic Medical Edge
Medication Resistant Depression

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	DEPRESSION IS AN ILLNESS OF THE MIND, AND BODY. IT'S ALSO VERY COMMON. WHILE THERE ARE MANY EFFECTIVE MEDICATIONS FOR THE TREATMENT OF DEPRESSION...
David Mrazek, M.D.	"AS MANY AS 20 OR 25 PERCENT OF THE PATIENTS STILL WON'T RESPOND."
	BUT MAYO CLINIC PSYCHIATRIST, DR. DAVID MRAZEK SAYS THERE ARE OPTIONS FOR PATIENTS WITH MEDICATION-RESISTANT DEPRESSION. PSYCHOTHERAPY – TALK THERAPY AND ELECTRO-CONVULSIVE THERAPY HAVE BEEN

	<p>AVAILABLE FOR MANY YEARS.</p> <p>THE EMERGING FIELD OF PHARMACOGENOMICS IS ANOTHER AVENUE. USING A PATIENTS GENETIC MAKEUP TO DETERMINE THE BEST DRUG IS ALREADY BEING USED. FOR YOUNGER PATIENTS STILL STRUGGLING WITH DEPRESSION...</p>
Dr. Mrazek	<p>"IT'S IMPORTANT FOR THEM TO REALIZE THAT IN THEIR LIFETIME, THEY MAY HAVE AN OPPORTUNITY TO BE HELPED BY A MEDICATION THAT WAS DESIGNED FOR THEM.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>