

Mayo Clinic Medical Edge

Statins and Stroke

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WITH THEIR CHOLESTEROL LOWERING PROPERTIES, WE KNOW THAT STATINS CAN BE GOOD FOR YOUR HEART HEALTH. NOW A NEW STUDY SHOWS THEY CAN BE GOOD FOR YOUR BRAIN AS WELL.
Wyatt Decker, M.D.	"IF YOU'RE ON A CHOLESTEROL LOWERING AGENT, BECAUSE YOUR CHOLESTEROL IS HIGH, YOU'RE LESS LIKELY TO HAVE A HEART ATTACK OR STROKE. AND NOW, WE HAVE EVIDENCE TO SAY, IF YOU DO HAVE A STROKE, YOU'RE MORE LIKELY TO HAVE A BETTER RECOVERY OR BETTER

	OUTCOME FROM IT.”
	DR. WYATT DECKER IS AN EMERGENCY MEDICINE SPECIALIST AT MAYO CLINIC WHO WAS ALSO A MEMBER OF THE RESEARCH TEAM. WHILE MORE STUDY IS NEEDED, HE SAYS THE FINDING IS...
Dr. Decker	“INTRIGUING ENOUGH THAT IT WOULD BEGIN TO RAISE QUESTIONS SUCH AS, SHOULD PATIENTS WHO ARE AT RISK OF STROKE BE ON A CHOLESTEROL LOWERING AGENT OR STATIN EVEN IF THEIR CHOLESTEROLS AREN'T HIGH?”
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.
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