

Mayo Clinic Medical Edge
What is Bicuspid Aortic Valve

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT'S THE MOST COMMON HEART DEFECT THAT PEOPLE ARE BORN WITH. ABOUT TWO OF EVERY ONE HUNDRED BABIES ARE BORN WITH SOMETHING CALLED BICUSPID AORTIC VALVE DISEASE.
Thor Sundt, M.D. Track 1 (1:05)	"THE AORTIC VALVE NORMALLY HAS THREE CUSPS OR LEAFLETS. IN BICUSPID AORTIC VALVE DISEASE THE INDIVIDUAL HAS ONLY TWO LEAFLETS."
	AND THAT, SAYS MAYO CLINIC DR. THOR SUNDT, CAN KEEP THE VALVE FROM OPENING OR CLOSING ALL THE WAY. THE VALVE MAY LEAK, OR MORE

	COMMONLY, NARROW, REDUCING BLOOD FLOW.
Dr. Sundt Track 1 (3:45)	“PEOPLE CAN EXPERIENCE CONGESTIVE HEART FAILURE, GENERALIZED FATIGUE, WEAKNESS, SHORTNESS OF BREATH.”
	YOU CAN LIVE MANY YEARS WITH BICUSPID AORTIC VALVE DISEASE. BUT ULTIMATELY, SAYS DR. SUNDT, IT WILL CATCH UP WITH YOU. FIXING THE PROBLEM IS A MAJOR OPERATION. BUT IN THE HANDS OF AN EXPERIENCED SURGEON, CARRIES VERY LITTLE RISK.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.