

Mayo Clinic Medical Edge

Eczema

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WITH THE COLD, DRY AIR, IT'S NOT UNCOMMON TO SEE RED, ITCHY SKIN THIS TIME OF YEAR. BUT IT'S A YEAR ROUND CONDITION FOR PEOPLE WITH ECZEMA.
Dawn Davis, M.D.	"EXCEMA IS A SKIN DISORDER WHERE YOUR BODY IS SENSITIVE AND THERE ARE CERTAIN THINGS THAT ARE PLACED ON YOUR SKIN THAT IRRITATE YOUR IMMUNE SYSTEM."
	ECZEMA, EXPLAINS MAYO CLINIC DERMATOLOGIST, DR. DAWN DAVIS, IS PARTLY GENETIC AND PARTLY ENVIRONMENTAL. WE CAN'T DO MUCH ABOUT THE

	<p>GENETICS, SO CONTROLLING THE IRRITANTS IS CRUCIAL. THAT MAY MEAN WEARING PROTECTIVE CLOTHING AND CONSULTING WITH YOUR DOCTOR ABOUT PRESCRIPTION CREAMS AND MOISTURIZING PRODUCTS THAT HELP CALM THE IMMUNE SYSTEM.</p>
Dr. Davis	<p>“YOUR SKIN IS ALIKE A BRICK WALL AND ECZEMA BREAKS YOUR BRICK WALL DOWN. THE PRODUCTS THAT WE GIVE YOU AND THE SENSITIVE SKIN CARE REGIMEN WE TRY TO TEACH RECONSTRUCTS THE BRICK WALL AND ALSO PUTS A SEALANT LAYER ON TOP OF IT TO GIVE YOU A BARRIER BETWEEN YOURSELF AND THE ENVIRONMENT.”</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>