

**Mayo Clinic Medical Edge**

***Thyroid Problems***

1:00

<b>Log</b>	<b>Audio</b>
<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOUR THYROID GLAND PRODUCES THE HORMONES THAT CONTROL THE BODY'S METABOLISM... EVERYTHING FROM YOUR HEART RATE AND TEMPERATURE TO HOW FAST CALORIES ARE BURNED. IT'S NOT UNCOMMON TO HAVE MILD DYSFUNCTION OF THE THYROID. AND THAT'S SOMETHING THAT MAY BE DIFFICULT TO RECOGNIZE WITHOUT BLOOD TESTING.
<b>Vahab Fatourechi, M.D.</b>	"YOU'RE GOING TO BE LOSING WEIGHT, YOU'RE GOING TO BE NERVOUS, YOU'RE GOING TO BE WEAK, YOU'RE GOING TO BE IRRITATED."

	<p>ACCORDING TO DR. VAHAB FATOURECHI, A MAYO CLINIC ENDOCRINOLOGIST, THE BODY'S SYSTEMS ARE BASICALLY REVVED UP. IT'S JUST THE OPPOSITE WITH AN UNDERACTIVE THYROID.</p>
<b>Dr. Fatourech</b>	<p>"YOU'RE GOING TO BE TURNED DOWN IN TERMS OF YOUR METABOLISM, YOUR ACTION, YOUR REACTION."</p>
	<p>GOITER IS A CONDITION WHERE THE TYROID IS ENLARGED. USUALLY IT DOESN'T CAUSE ANY SYMPTOMS. BUT IN RARE INSTANCES, BREATHING AND SWALLOWING PROBLEMS CAN OCCUR. USUALLY THE CAUSE IS BENIGN, BUT THYROID CANCER IS A POSSIBILITY.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>