

Mayo Clinic Medical Edge

Smell and Taste Loss

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	OUR FIVE SENSES CONNECT US WITH THE WORLD AROUND US. LOSING YOUR SIGHT OR HEARING ARE CONSIDERED DEBILITATING CONIDTIONS...
Joseph Sirven, M.D.	"BUT THE LOSS OF TASTE AND SMELL, ALTHOUGH IT ROBS YOU OF YOUR QUALITY OF LIFE, IS ONE THAT PEOPLE DON'T CONSIDER SUCH A SERIOUS HANDICAP.
	YET THE LOSS OF TASTE AND SMELL IS SOMETHING PATIENTS OFTEN MENTION TO MAYO CLINIC DR. JOSEPH SIRVEN, ESPECIALLY OLDER PATIENTS. AND THERE

	CAN BE CONSEQUENCES BEYOND QUALITY OF LIFE. SOME CAN BE OBVIOUS...
Dr. Sirven	“SMELL IS A WAY THAT WE DETECT DANGERS AND NOXIOUS FUMES OR SMELLS.”
	WHILE OTHERS ARE MORE SUBTLE.
Dr. Sirven	“CONSIDERING THAT THINGS LIKE HYPERTENSION AND HEART PROBLEMS ARE NOT THAT UNCOMMON IN AN OLDER AGE GROUP, OVER-SALTING TO COMPENSATE FOR YOUR LOSS OF TASTE IS A HUGE NO-NO.”
	SO DON'T BE SHY ABOUT ASKING ABOUT IT. THERE ARE SOME CAUSES THAT ARE REVERSIBLE.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.

