

**Medical Edge Radio from Mayo Clinic**

**What is Arthritis?**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
	IT COULD JUST BE AN OCCASIONAL SORENESS...OR MAYBE A NAGGING PAIN. BUT FOR SOME, ARTHRITIS CAN BE A DEBILITATING DISEASE.
<b>Ann Reed, M.D. Track 1 (:40)</b>	"ARTHRITIS IS INFLAMMATION OR SWELLING OF A JOINT. IT CAN ALSO INCLUDE LIMITATION IN MOVEMENT AND PAIN AS WELL."
	WHILE WE TEND TO THINK OF ARTHRITIS AS ONE DISEASE. THERE ARE ACTUALLY MORE THAN 100 DIFFERENT VARIETIES. MAYO CLINIC DR. ANN REED SAYS TWO

	<p>OF THE MOST COMMON ARE RHEUMATOID ARTHRITIS AND OSTEOARTHRITIS. RHEUMATOID ARTHRITIS IS BELIEVED TO BE CAUSED BY YOUR BODY'S OWN IMMUNE SYSTEM ATTACKING THE JOINTS. OSTEOARTHRITIS IS A DEGENERATIVE CONDITION. EVENTUALLY BONE CAN RUB ON BONE.</p>
<p><b>Dr. Reed</b> <b>Track 1 (2:24)</b></p>	<p>"IT IS BY FAR THE PREDOMINATE CHRONIC DISEASE OVERALL, LEADING HEART DISEASE AND EVERYTHING."</p>
	<p>WE CAN'T CURE ARTHRITIS. BUT DR. REED SAYS GREAT STRIDES HAVE BEEN MADE IN HOW WE CAN TREAT AND MANAGE THE DISEASE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
