

**Mayo Clinic Medical Edge**

**Ulcerative Colitis**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT COULD BE THE PAIN, THE CRAMPING OR THE UNCERTAINTY OF WHEN YOU'LL NEED TO GO NEXT THAT LEAVES YOU AFRAID TO LEAVE THE HOUSE.
<b>Robert Cima, M.D.</b>	"IT IS A DISEASE THAT IS CONTROLLING YOUR LIFE. "
	ULCERATIVE COLITIS EXPLAINS MAYO CLINIC DR. ROBERT CIMA, IS A FORM OF INFLAMMATORY BOWEL DISEASE THAT TARGETS THE COLON OR LARGE INTESTINE. SYMPTOMS CAN RANGE FROM MILD TO SEVERE...
<b>Dr. Cima</b>	"SOME OF OUR PATIENTS WITH

	ULCERATIVE COLITIS ARE HAVING 20, 15 BOWEL MOTIONS IN A DAY.”
	EXACTLY WHAT’S CAUSING THE INFLAMMATION ISN’T CLEAR, SO TREATMENT FOCUSES ON CONTROLLING THE SYMPTOMS. MOST OFTEN THAT’S WITH MEDICATIONS. BUT IF THAT FAILS, SURGERY TO REMOVE THE COLON AND REWORK THE DIGESTIVE TRACT MAY BE AN OPTION. NOW IT’S ALSO IMPORTANT TO KNOW THAT COLITIS GREATLY INCREASES THE RISK OF COLON AND RECTAL CANCER. SO EVEN IF YOUR SYMPTOMS ARE UNDER CONTROL, FREQUENT SCREENING MAY BE NECESSARY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.
